



# ELIJA THYMES

Growing Roots for a Sustainable Future

## YOUR SHARE WILL LIKELY INCLUDE:

- Lettuce
- Winter Squash
- Sweet Peppers
- Hot Peppers
- Onions
- Garlic
- Sorrel



## ELIJA Fall Events:

This is the last week of the Summer CSA, but there are plenty of other ways to stay involved this Fall!

**10/5/19:** [ELIJA Farm Fall Festival](#)

**10/16/19:** Fall CSA begins; sign up for a [Baked Goods](#) share and/or [Micro-Greens](#) share

**10/23/19:** ELIJA Farm Fall Culinary Workshop: [Pasta & Ravioli Making](#)

**10/25/19:** ELIJA [Unmasking Autism Masquerade Gala](#)

**11/6/19:** ELIJA Culinary Workshop: [Pizza](#)

**11/20/19:** ELIJA Culinary Workshop: [Pie Trio](#)

**12/4/19:** ELIJA Culinary Workshop: [Pierogi Making](#)

**12/6-12/7/19:** [Long Island Behavior Analysis Conference](#)

**12/18/19:** Last Fall CSA pick-up



## MAKE THE MOST OF YOUR SHARE:

*It's the last week, so cook like you've never cooked before!*

### Recipe Ideas:

[Roasted Fennel and Butternut Squash Soup](#)

[Garden Fresh Chili](#)

[Better Than Pumpkin Pie](#)

[Roasted Daikon Radishes and Carrots](#)

[Roasted Fennel Tomato Feta Pasta Salad](#)

[Bok Choy Noodle Soup](#)

[Lemon Balm Mojitos](#)

[Chickpea and Sorrel Salad](#)



## Freezing Extra Veggies

Are you having a busy week or got more of something than you can use? Simply de-seed and cut up peppers, wash and de-stem herbs and kale, or core and chop up tomatoes. Then just put them into a freezer-safe bag, write what it is and the date, and you'll have delicious veggies and herbs when you need them. Right now you might not be able to use everything up, but after the CSA is over you'll be glad you froze your extra produce!

## Wishlist Wednesday

Every Wednesday, The ELIJA Farm asks our community through email and Facebook to donate one specific item from our Amazon Wishlist to help the farm thrive and grow even more. We are always so thankful for each person that donates an item, and every person that donates one of our Wishlist Wednesday items will be highlighted in the following week's Wishlist posting!

Thank you for the generous donations:

\* Stacy Zauderer (Gorilla Cart)

\* Annie Jue (Gorilla Cart)

\* Shauna Weinberg (Rocking Chairs)

\* Enza Polito (Hammock & Picking Bucket)

\* Puja Malhotra and Ankur Anand (Lawn Mower)

\* Marie & Eddie Solomonik (Cast Iron Pots and Pans)

\* Jen Marsh, Theresa Trinder, & John Coppola (Weeding)

This week's Wishlist items are shruti boxes for our meditation classes so we can create a more relaxing environment in our mindfulness classes!

[Male Shruti Box](#)

[Female Shruti Box](#)

[Alternative Sardar Shruti Box](#)

[Donations](#)

## Featuring:

- ELIJA Farm Produce
- Hayrides
- Pumpkin Patch
- Live Music & Storytelling
- Bounce House
- Festival Food, Hot Apple Cider, Hot Chocolate & more!

**When:** Saturday, October 5th from 10:00 a.m. to 2:00 p.m.

(Raindate: October 6th)

**Where:** ELIJA Farm

## Admissions:

- ELIJA CSA members will receive 2 free tickets for Half Share Members or 4 tickets for Full share members. Contact [joy@elija.org](mailto:joy@elija.org) for details to reserve your tickets.
- General Admission: \$20 per person
- Free ages 2 and under
- Each child will receive a pumpkin with admission!
- Each family receives a Photo Coffee Mug

[Buy Fall Festival Tickets](#)



**Saturday, September 28th and Tuesday, October 1st are the final CSA SHARE**

**PICK-UP DATES**

## SIGHTS & SCENES FROM THE FARM



## ELIJA Farm Team

### Debora Thivierge

Founder & Executive Director

### Damon Green

Farm Operations Manager

### Joy Dinkelman

CSA/Harvest Manager

### Emmett Phinney

Greenhouse Manager

### Suzie Rust

Director of Baking & Culinary Arts

### Farm Interns

Jason Harris

Mike Howell

Valerie Maben

### Meditation Instructor

Tim Simonson

43 Foxhurst Rd. South Huntington, NY 11746  
516.216.5270 . [www.ELIJAFarm.org](http://www.ELIJAFarm.org)



ELIJA Farm is a sustainable, non-profit farm in South Huntington, NY committed to using environmentally responsible practices to raise high quality, organically grown produce. The ELIJA Farm CSA is dedicated to enriching the health and wellness of our community through dynamic learning opportunities to its diverse membership. ELIJA Farm subscribes to the Farmer's Pledge, a voluntary program created by the Northeast Organic Farming Association of New York.

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